

**Lincoln Tri AGM 16 Jan 2010,
Bishop Grosseteste College, Hardy Building
Meeting started at 6:10pm**

In Attendance: Eric Wintersgill, Steve Paley, Steve Saunders, Doug Malcolm, Liz Dockerty, Andy Bennett, Nigel Root, Martin Wood, Stephen, Linda, Emma Jason and Adam Crookes, Molly Hodges, Graham Hodges, Andy Newham, Mark Harrison, Ian Harrison, Kyle Campbell, Ian Finch, Jon Riddell, Charles Jenkins, Phil Malt, Connor Malt, Adrian Gledhill, Scott Gledhill, Ian Grogan, Amy Grogan, Rachel Powell, Richard Sheldrake, Mike Masters, Judith Brand, Iain Hamilton, Alessio Bonaldo, Anthony Gerundini, Paul Moore, Maddy Wilson.

1. Apologies.

Teresa Hamilton, Edward Strange, Becky Harnett, Gavin Hodgson, Simon George, Paul Smith, Donnah Thompson, Liz Fleuty.

Eric Wintersgill welcomed everybody to the AGM and asks if there are any other apologies – none made.

2. Matters arising from last years meeting.

None arising

3. Reports from Officers.

- a. **Chairman** – Introduced the members of the current committee. EW continued that he was amazed at the continued pace of club growth. Massive increase in membership and a new juniors section. In the last 12 months there has been a lot of development in the club. He is very pleased that the club is in such strong position as he is going to stand down.
- b. **Secretary** – Start with a sombre note reporting 2 deaths in the club this last year – Brian Cooke and Jonathan Wraith. Hope the club continues to offer support to these families, in particular to Rhian and Rhys Cooke who regularly attend the Juniors section.
 - Overall has been an excellent year for the club more than doubling in membership to 166.
 - Opportunities to train with the club have increased greatly due to the effort by the Coaches for starting up more sessions. Thanks to Jon Riddell for the development of the very popular workshops and Saturday turbo sessions and to Judith Brand and Mike Masters for their work to get the Juniors section up and running and organising the kids tri last year.
 - The club has been able to fund 4 new coaches to go on L1 course and 1 on their L3. Congratulations to Richard Sheldrake who has already successfully gained his L1 – the other 3 are on courses in the next couple of months.
 - This has been made possible by the Awards for All Grant the club secured earlier in the year – more on this later - brief summary of expenditure covers: Kit, Coaches and funding new training sessions – of which we now need to make sure that these achieve a breakeven status as this funding come to an end.
 - Club couldn't function without volunteers ranging from the committee (3 stepping down this year); the coaches; and for the Kids Tri – need to find a sub

committee to share the organisation of this covering not only the organisation but also fund raising / sponsorship.

- The committee members that are stepping down are:
 - Judith Brand – focusing more on the coaching side of things and acting as Race Director for the Kids event for 2010.
 - Mike Masters – after being Race Director last year is stepping down.
 - Finally, Eric Wintersgill – our outgoing Chairman. Nobody seemed to know how long he's been doing the role for – he's been doing it so long. He has done an excellent job in keeping us all in check, especially at Committee meetings and has been a constant presence at local events supporting everybody who is competing whilst more often than not marshalling. As a token of our thanks Eric is presented with a present on behalf of the club.
 - With these people standing down we need to encourage more to step up and volunteer to help shape the future of the club. So get ready to put your hands up shortly!
- c. **Treasurer** – The club is in a much better position financially than last year primarily as a result of securing 2 grants through Judith Brand and Steve Paley – first for achieving Club and Star Marks and second an Awards for All Grant.
- Nearly £2000 spent on kit. Over £2400 spent on coach training this year. With nearly £4000 spent on venues.
 - To ensure that the clubs running costs are funded adequately the committee proposes that subs are increased to: £20 individual; £35 per family; £15 for Juniors.
 - Proposed by Jack O'Hern
 - Seconded by Eric Wintersgill
 - Majority vote in favour of doing this.
 - Still using money for finding new venues.
 - For existing sessions need to make sure that the numbers are high enough to make sure the sessions are sustainable going forwards.
- d. **Welfare Officers - Steve Saunders**
- Pleased to see a good turn out for the AGM, is also amazed at how the club has grown in the last 12 months, fast approaching 200 members. Introducing himself and Richard Sheldrake and Welfare Officers and their roles within the club.
 - Having been a committee member of Newark for a number of years and an early member of Lincoln Tri felt that he now wanted to give something back to the club by becoming a welfare officer.
 - Richard is now a Club Coach as well as Welfare Officer and regularly attends the Juniors sessions.
 - Report is brief as you will be pleased to hear have had no major incidents reported to them. With the setting up of the Juniors section there was some initial advice given on protocol procedures for safe working but all coaches undergo child protection training with coaches being CRB checked which is soon to change to the new ISA (Independent Safeguarding Authority) in July (unless the government changes the date again!)

- Hopefully you won't ever need us, but if ever you feel unsettled by any aspect within the club that you think might be an issue of welfare then feel free to discuss it with either of us. The contact details are on the website – www.lincolntri.co.uk which I'd like to give a big thank you to Doug Malcolm who does a fantastic job maintaining it.
- Finally on the issue of club welfare and safe guarding children and vulnerable adults there is a tremendous amount of useful information on the BTF's website.
- Thanks and we both wish you a safe and happy season ahead.

e. **Coaches Report.**

- **Seniors - Jon Riddell.**

Last year stood asking for more coaches. Now have the Coaches who've been trained though if more people want to get into club coaching then we are welcome to hear from more of you.

This time last year 1 swim session, now have 3; a turbo session, a run session. Like to make professional level services available to all the members.

Challenge now is the greater structure to ensure the delivery of quality sessions -
Need to increase attendance at some sessions

Keen to know what people want so the Coaches can put the right sessions on that people want to attend.

Not going to cover the financial side as already covered in the Treasurers report.

- **Juniors - Judith Brand.**

Juniors started last year. Instigated as a result of the 08 kids event. Initially started at Total Fitness - who were fabulous and patient with us on Friday evenings. **Big thank you to them for their assistance.** Had to look for bigger venue due to numbers attending – Yarborough provides access to running & cycling tracks, Focus is now on developing overall fitness. This will help add to the excellent transition skills everybody developed in the early sessions.

Also had 2 sessions up at the showground funded by Awards for All grant. Open to adults and Juniors with a British Cycling Coach providing specialist cycle training.

Had some excellent feedback from some of the juniors on their highlights from the sessions so far.

A number took part in fast Midlands series. 1 finished 2nd in their age group. 25 of the Juniors section raced in our own event, with a number doing the open water race at Rother Valley.

Huge thank you to all of the other coaches that have helped especially Mike Masters who was fantastic coming up with some wacky ideas. Doug Eke has taken a bigger part since Mike has taken a step back due to work commitments.

As there is no junior swim session they are very welcome at Wed & Saturday swim sessions.

Linda Crookes said a big thanks to Judith as she has been fantastic.

4. Election of Officers.

- a. **Chairperson** - Eric stepping down, offered his thanks to the committee for making it an easy job for him,
No immediate proposals from those present. Eric states this is disappointing out of the size of membership that no one putting themselves forward.

Suggestions mentioned about positions of Chair and Secretary being combined – dismissed by Steve P (Secretary) as not feasible to do this though offered if somebody else wanted to be Secretary.
- b. **Secretary** – **Ian Grogan** offered himself as Secretary if **Steve Paley** is elected as Chairman – unanimous agreement in a vote.
- c. **Treasurer** – **Jack O’Hern** – Re-elected
- d. **Club Welfare Officers** – **Steve Saunders & Richard Sheldrake** - Both re-elected.
- e. **Social Secretary** - Good app to get people together outside of events. May even be a good source of possibly generating some extra funds for the club. **Amy Grogan** put herself forward – elected.
- f. **Kids triathlon, Race Director, Judith Brand** - agreed
Date proposed 5th June – just waiting for final confirmation from both BTF Regional Series and the venue. No clashes expected.
Volunteers to support as organising group: **Nikki Fletcher, Paul Smith and Graham Hodges.**

5. Co-optees to the Committee

Doug Malcolm – to continue as Website Coordinator

Iain Hamilton happy to continue providing less emails in between meetings – agreed by SP this needs to be looked at asap.

Kyle Campbell also volunteered.

Linda Crookes asked if there were specific roles the committee was looking at:

Iain Hamilton outlined 3 possible positions:

1 position needs to be a Junior Representative.

1 position should be a Marketing or Press Officer.

1 position could be a development role,

Judith Brand – suggestion - If the junior representative could be one of the older athletes.

Linda and Jason Crookes – Joint Junior Representatives

Crookes family suggested looking at setting up sub committees for development roles & social secretaries. SP no disagreement with this, though at the moment there aren't the people stepping forward for the main committee which has to be the primary concern.

SP to email about new positions for the committee & Sub Committees,

6. Club Clothing.

This will continue to be through Impsport via the online shop. This will be updated with Juniors sizes as well as this hasn't happened yet. It was strongly advised that people look at the sizing chart prior to placing their orders to ensure they get the right size. The kit is not just taken off the shelf it is manufactured to your order so it is vital to get the size right 1st time.

Any order placed before the 14th Feb will be ready for delivery by the 6th March in time for the Clumber Duathlon

Any order placed prior to the end of March will be ready for delivery for the 9th May – Woodhall Spa Triathlon

All orders placed prior to these dates (assuming there is a minimum of 25 items ordered) will get a 25% discount from normal process.

All orders after these dates will get approximately an 8% discount of standard costs.

It pays to order early!

7. Club Championships

After a number of events were suggested **Mallory Park** was nominated as this years club championship race. It will be held on Mon 3rd May (Yes May Bank Holiday)

8. Awards for All Grant Update and Feedback

SP – Club was awarded a grant for £9622 which it received in Feb 09. so far it has funded:

- 4 L1 coaching courses and 1 L3 Course,
- Long list of equipment
- Covered the costs of putting on Thursday, Wednesday and Saturday sessions.

This does leave approximately £1700 left to spend on Kit and Venues.

A number of proposals were suggested of which 2 were agreed:

- Purchase a Bike Box which can be hired out to members who go to race overseas.
- The purchase of 2 road bikes – 1 small ladies and 1 medium mens.

Iain Hamilton offered to donate some bike helmets to the juniors section.

9. Club Feedback.

- a. This is needed to ensure that the committee and coaches can deliver what the membership wants – if people don't give us feedback then we will struggle to provide what the membership is after:

- Doug Malcolm - Website. Club calendar – hover mouse over the events and it will give you the brief detail of that particular event
- Richard Sheldrake - Need more reports + articles to put on the website.
- If people send articles to DM direct he'll post them on the website, this is backed up whereas the forum isn't – which did cause some inconvenience when it crashed several months ago.

- Tony Gerundini – it would be good to get reminders by email the week before the Wolds Bricks. This may help increase numbers at them as well. SP to liaise with Pete Thompson to organise the dates etc for 2010.

10. Thanks to Sponsors.

One Step Beyond for their invaluable support especially with their event organisation knowledge and equipment loan for the Kids Tri event.

Wright Vigar – for their financial support to the club and the meeting venues for the committee.

Audi – because one day we hope they might give us some cars to drive!

11. Any Other Business

- Open Water Swimming will be discussed at the next committee meeting as there are some issues relating to this that need to be sorted with the venue.

12. Next Committee meeting

- To be held 2nd Feb 6pm at Wright Vigar

Meeting Closed: 7:45pm

This was followed by the Club Awards Presentation:

Award Winners for 2009 are:

Club Champion:	Simon George
Womens Club Champion:	Maddy Wilson
Chairman's Award:	Mike Masters
Special Award:	Judith Brand
Coaches Award - Senior:	Liz Fleuty
Coaches Award - Junior:	Molly Hodges
Impsport Performance Award:	Steve Paley